



## Step by Step guide for your curls from wavy to super curly

All products mentioned below are Boucleme's range and all the products are **applied to soaking wet hair**.

Tips: Try not to use a brush or comb before washing as it will break the hair - try to finger detangle once the moisturiser is on.

Put curls into a *pineapple* at night to protect your curls.

If your hair is super curly you might want to oil and wrap in a silk scarf overnight.

For second day curls try applying neat gel over the canopy to help the hallow.

**Washing- Cleanse Your Roots** - the key is too massage well and apply just to the roots.

1. Always wet the hair thoroughly
2. Apply hydrating hair cleanser if your hair is wavy and finer or curl cleanser if your curls are thicker and coarser to the roots only and massage vigorously. If the hair is super curly or thicker section the hair to apply the product to the roots.
3. Rinse the hair thoroughly
4. If washing once a week then you might want to wash the curls twice, so repeat step one and after finishing keep the hair soaking wet

## Moisturising Your Curls-

1. Use curl conditioner on your curls if you need a light conditioner and the intensive treatment by Boucleme. When the hair is soaking wet apply product from mid to ends if wavy, roots to ends if super curly.
2. Section the hair as you go, and make sure your side panels are directing downwards (otherwise you will look like someone from Dallas) put your parting in place using a mirror in the shower, if you don't want a parting just leave the hair as it sits.
3. Remember to slowly finger detangle smoothing the product into your curls and helping to smooth the cuticles and achieve defined curls using the heat of your hands you will achieve this. Keep your hair soaking wet, keep drizzling water over rather than applying masses of product.
4. Rinse the product totally from your hair if your hair is wavy and finer, leave some in if your hair is super curly or courser. (I will have talked through with you how much to leave in depending on your thickness). Keep your hair soaking wet.
5. Do not rake your fingers through your hair at this stage, let the hair stick together in bigger clumps.
6. Apply curl cream onto of the intensive treatment in tiny amounts at a time if your hair is super curly and you might want to add a little water if your hair is low porosity. Apply the product again to soaking wet hair and by squeezing and squashing the curls together. If you have wavy hair and you want to use a leave in then use the curl cream on the mid to ends, as not to weigh the curls down.

## **Styling curls and drying curls-**

1. Whilst your hair is soaking wet apply the defining gel to the palms of your hands to define your curls, whether your hair is wavy or super curly applying this product is the same, stroke from roots to tips squeezing and squashing the product into your curls. If your hair is wavy do not rake fingers through (otherwise you will end up with eighties spindly curls), if your hair is super curly you will want to rake the product through to make sure all the curls are detangled and in the right direction.
2. Use a cotton t-shirt or a curl towel to take a little of the water out by squeezing the curls into the roots, then apply a little more gel over the canopy.
3. You are now ready to dry either naturally or with a diffuser or overhead dryer. You can simply leave your hair as it is not naturally dry. If diffusing you can either put your head to the side to get a flatter top section or upside down for maximum volume. You can either dry with a diffuser for a few minutes to take the edge off the wetness or dry fully, the choice is yours.
4. When your hair is completely dry you can put your fingers in at the roots and shake the hair create volume.

Do not rake your fingers through your curls otherwise you will ruin all your hard work. You can separate the ringlets to create volume and thickness, if your hair is super curly you might want to use a pick at the roots.